



Nutrilite™ Metabolic Pre & Postbiotic Product Guide





A balanced, healthy gut supports more than just our digestive system. It also plays a vital role in our overall health and wellness.

Nutrilite™ Metabolic Pre & Postbiotic is a once-a-day supplement designed to support healthy body composition, a healthy waistline and normal metabolic function[†] by supporting a healthy gut microbiome.

Ingredients

Nutrilite Metabolic Pre & Postbiotic is made with a holistic blend of gut-healthy ingredients designed to help support a healthy gut environment and may help reduce body fat when consumed for three months and combined with a healthy diet and regular physical activity.[†]

These include:

- Purple carrot powder from plants grown on our farm in Trout Lake, WA
- Gold kiwi whole-fruit powder
- Award-winning, heat-treated postbiotic
- Vitamins B2 and B5

Clean Label

- | | | | |
|--|--|--|--------------|
| | Vegetarian | | Soy-Free |
| | Dairy-Free | | Lactose-Free |
| | Gluten-Free | | Non-GMO |
| | No Artificial Flavors, Colors, Preservatives | | |

Certifications

- | | | | |
|--|-------|--|------------------------|
| | Halal | | NSF Contents Certified |
|--|-------|--|------------------------|

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Understanding pre-, pro- and postbiotics

Think of the human gut as a garden.

Fertilizing leads to flourishing, which leads to fruit. Or in the case of prebiotics, probiotics and postbiotics, balance within the microbiome.



Prebiotics, like the fertilizer for a garden, nourish and support the growth of beneficial bacteria (the plants) in the gut.

Prebiotics are a **type of fiber that feeds the good bacteria** in the gut and serve as food for the gut's beneficial bacteria.



Probiotics are like seeds and seedlings that can be introduced into the garden (your gut) to grow and flourish within it.

Probiotics are **live, beneficial bacteria** that can be consumed through certain foods or supplements. These bacteria contribute to gut health by helping to balance gut flora.



Postbiotics are like the natural byproducts of plants, such as fallen leaves or fruit, which can help enrich the soil and support the garden's ecosystem.

They are substances produced when probiotics digest prebiotics. These include beneficial molecules like enzymes, acids and microbial cells or fragments that help maintain gut health and improve digestion.

Nutriline™ Metabolic Pre & Postbiotic contains the fertilizer and the fruit that help your gut garden, or microbiome, flourish. Looking for probiotic support too? Learn more about **Nutriline Balance Within™ Probiotic** on page 4.

Follow your gut



Everyday Gut Health

Nutralite™ Begin™ Daily GI Primer

Infused with six gut-supporting blends to give your gut comprehensive support for healthy digestion, immune health, liver and skin health, energy, metabolism and more.†



Healthy Digestion

*Nutralite Fiber Powder,
Nutralite Digestive Enzyme,
Nutralite Balance Within™ Probiotic*

Using important enzymes, plant nutrients or probiotic strains, these products focus on supporting healthy digestion, regularity, glucose levels and immunity.†



Occasional Stress

Nutralite Stress Relief Probiotic

Powered by two clinically supported probiotic strains and a unique melon concentrate to help manage occasional stress, support mental focus, fight mental fatigue and promote a sense of calm and productivity.†



Metabolic Weight

Nutralite Metabolic Pre & Postbiotic

Includes whole kiwi fruit and purple carrot prebiotics and a clinically studied postbiotic to help support healthy body composition, a healthy waistline and normal metabolic health.†



Body Composition

XS™ Ignite Powder – Moro Blood Orange

Contains a clinically significant dose of MOROSIL® Moro blood orange extract, which has been shown in clinical studies to help support weight loss.*‡



Nutralite Glucose Health



Nutralite Carb Blocker



Nutralite Slimmetry™



Nutralite Lean Muscle

*When consumed for three months and combined with a healthy diet and exercise.

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‡Based on two human clinical studies of 12 weeks and 6 months in length. Participants who consumed 400 mg MOROSIL® Moro blood orange extract per day showed a reduction in body weight compared to placebo. MOROSIL is a trademark owned by Bionap S.r.l.



Selling scenario

You're catching up with a friend over coffee and the conversation shifts towards weight management.

IBO: Hey, how are you?

Customer: Pretty good, how are you?

IBO: I'm great! I've been working on my diet and exercise to try to lose weight, but I was having some trouble keeping it off.

Customer: I know how that feels. I always gain it back.

IBO: You should try this new product I started taking! It helps balance your gut microbiome to support healthy weight management.

Customer: Really?

IBO: Yes! Nutrilite™ Metabolic Pre & Postbiotic is a once-a-day supplement that is designed specifically to help support healthy body composition, a healthy waistline and normal metabolic function. Plus, it includes traceable plants from their own farms!

Customer: That sounds interesting.

IBO: It's awesome! It helps support gut health and a healthy weight. Want to try it? I can get you a bottle!

Customer: That'd be great!

IBO: Let's reach our goals together!